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Торіс	Professional manners and etiquettes	Last updated on	11 July 2025

# Multiple Choice Questions on Professional manners and etiquettes.

- 1. \_\_\_\_\_ is a set of rules that one should follow in society.
  - a. Social etiquette
  - b. Interview etiquette
  - c. Meeting etiquette
  - d. Telephone etiquette

### Ans: a. Social etiquette

- 2. \_\_\_\_\_ refers to codes of conduct that an individual must follow while appearing for interviews.
  - a. Social etiquette
  - b. Interview etiquette
  - c. Meeting etiquette
  - d. Telephone etiquette

#### Ans: b. Interview etiquette

- refers to the style one needs to adopt when attending meetings, seminars, or presentations.
  - a. Social etiquette
  - b. Interview etiquette
  - c. Meeting etiquette
  - d. Telephone etiquette

Ans: c. Meeting etiquette

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4.	We should never enter a meeting room without a	and	

- a. laptop, charger
- b. notepad, pen
- c. phone, water bottle
- d. paper, bills

Ans: b. notepad, pen

- 5. In a professional setting, how should you address someone you've just met?
  - a. Use their first name immediately
  - b. Wait for them to introduce themselves first.
  - c. Use formal titles like Mr. or Ms.
  - d. Use a nickname for friendliness

Ans: c. Use formal titles like Mr. or Ms.

- 6. According to meeting etiquette, what should you do when someone else is speaking?
  - a. Interrupt to share your point of view
  - b. Start checking your phone
  - c. Listen to what the other person has to say
  - d. Talk to the person next to you

Ans: c. Listen to what the other person has to say

- 7. Which of the following options is generally considered professional attire?
  - a. Bright red
  - b. Pink
  - c. Neon green
  - d. Navy blue

Ans: d. Navy blue

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- 8. For women, what type of accessories is appropriate in a professional setting?
  - a. Minimal jewellery
  - b. Large statement jewellery
  - c. No accessories
  - d. Bright and flashy accessories

Ans: a. Minimal jewellery

- 9. What is the acceptable level of grooming for facial hair in a professional environment?
  - a. Styled with intricate designs
  - b. Long and unshaven
  - c. Clean-shaven or neatly trimmed
  - d. Colored in unconventional shades

Ans: c. Cleanly-shaved or neatly trimmed

- 10. What does telephone etiquette include?
  - a. Writing emails professionally
  - b. Behaving politely during in-person meetings
  - c. Using proper manners during phone conversations
  - d. Sending text messages with correct grammar

Ans: c. Using proper manners during phone conversations

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- 11. Which of the following is a common mistake to avoid during a handshake?
  - a. Making eye contact
  - b. Smiling and nodding
  - c. Offering a tight grip
  - d. Saying "Hello" before the handshake

Ans: c. Offering a tight grip

- 12. What does good posture contribute to in a professional setting?
  - a. Confidence and professionalism
  - b. Physical discomfort
  - c. Confusion
  - d. Boredom

Ans: a. Confidence and professionalism

- 13. How should you sit in a chair to maintain proper posture?
  - a. Slouched with crossed legs
  - b. Leaning far back with arms crossed
  - c. Upright with feet that are flat on the floor
  - d. Lying down for comfort

Ans: c. Upright with feet that are flat on the floor

- 14. Body language is a form of\_\_\_\_\_.
  - a. verbal communication
  - b. non-verbal communication
  - c. written communication
  - d. visual communication

Ans: b. non-verbal communication

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#### 15. What should be the subject of an email?

- a. Lengthy
- b. Leave it blank
- c. Clear and concise
- d. Personal greetings

#### Ans: c. Clear and concise

- 16. Which of the following is considered unprofessional in an email communication?
  - a. Using emojis
  - b. Clear, professional subject line
  - c. Including a proper greeting and closing
  - d. Proofreading before sending

## Ans: a. Using emojis

- 17. What should be the tone of a professional email?
  - a. Casual and informal
  - b. Angry and confrontational
  - c. Humorous and sarcastic
  - d. Formal and polite

#### Ans: d. Formal and polite

- 18. What should you avoid while writing the body of an email?
  - a. Providing clear and concise information
  - b. Using slang language that the recipient may not understand
  - c. Proofreading for errors
  - d. Keeping the message focused and on-topic

Ans: b. Using slang language that the recipient may not understand

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- 19. Which of the following is an example of a good email closing for a professional email?
  - a. Yours lovingly
  - b. See you
  - c. kind regards
  - d. Cheers

Ans: c. kind regards

- 20. Which of the following is a positive non-verbal cue in a professional setting?
  - a. Crossing arms
  - b. Maintaining eye contact
  - c. Avoiding direct communication
  - d. Fidgeting with a pen

Ans: b. Maintaining eye contact

- 21. In a professional presentation, what should the speaker's body language convey?
  - a. Confidence
  - b. Boredom
  - c. Indifference
  - d. Discomfort

Ans: a. Confidence

- 22. Which body language cue is associated with a defensive or closed-off posture?
  - a. Open palms
  - b. Arms crossed
  - c. Leaning forward
  - d. Maintaining eye contact

Ans: b. Arms crossed

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#### 23. What does professional etiquette primarily refer to?

- a. Personal grooming
- b. Dress code
- c. Good manners and behaviour in a work environment
- d. Speaking

#### Ans: c. Good manners and behaviour in a work environment

#### 24. What is the proper way to open a door when entering a room?

- a. Slam the door for impact
- b. Kick the door open for a dramatic entrance
- c. Ignore the door, someone else will open it for you
- d. Knock the door and open the door gently

#### Ans: d. Knock the door and open the door gently

#### 25. In a formal setting, when should you start eating your meal?

- a. After everyone has been served
- b. As soon as the food arrives
- c. When you feel hungry
- d. Whenever you like

#### Ans: a. After everyone has been served

### 26. What type of belt is generally appropriate for men to wear with formal business attire?

- a. Bright and colorful
- b. Wide and flashy
- c. Simple and classic
- d. No belt needed

## Ans: c. Simple and classic

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## 27. What is a common guideline for grooming in a professional setting?

- a. Messy hair
- b. Heavy cologne or perfume
- c. Neat and clean appearance
- d. Overgrown facial hair

Ans: c. Neat and clean appearance

- 28. What does active listening involve?
  - a. Focusing and understanding the speaker
  - b. Speaking loudly
  - c. Responding immediately
  - d. Interrupting frequently

Ans: a. Focusing and understanding the speaker

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- a. Visual communication
- b. Informal communication
- c. Verbal communication
- d. Body language

Ans: d. Body language

- 30. Which of the following is NOT a form of non-verbal communication?
  - a. Eye contact
  - b. Posture
  - c. Notes making
  - d. Facial expressions

Ans: c. Notes making

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- a. loud
- b. clear
- c. low
- d. harsh

Ans: b. clear

#### 32. What is the correct definition of posture?

- a. The way a person talks
- b. The flexibility of the spine
- c. The ability to lift heavy objects
- d. An attitude or position of the body

#### Ans: d. An attitude or position of the body

#### 33. What is the correct position of the shoulders in good posture?

- a. Rounded forward
- b. Relaxed and pulled back
- c. Tense and elevated
- d. Slouched downward

#### Ans: b. Relaxed and pulled back

## 34. What does slouching posture convey in body language?

- a. Confidence
- b. Laziness
- c. Professionalism
- d. Assertiveness

**Ans: b. Laziness** 

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- 38. What is a positive attribute related to behavior at a professional place?
  - a. Unwillingness to help
  - b. Disrespecting others' opinions
  - c. Willingness to help
  - d. Ignoring working hours

Ans: c. Willingness to help

- 39. Which colors are recommended as professional choices in the dress code?
  - a. Red, green, yellow
  - b. Black, white, blue
  - c. Pink, orange, purple
  - d. All bright colors

Ans: b. Black, white, blue

- 40. What is an essential quality related to behavior in a professional setting?
  - a. Unwillingness to help
  - b. Disrespecting others' opinions
  - c. Being honest
  - d. Ignoring working hours

Ans: c. Being honest

- 41. Which of the following is a part of telephone etiquette?
  - a. Cooking during a call
  - b. Interrupting frequently
  - c. Speaking calls politely
  - d. Ignoring the caller

Ans: c. Speaking calls politely

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- 42. What is the main purpose of bathroom etiquette?
  - a. To reduce water usage
  - b. To decorate the bathroom
  - c. To ensure respectful and hygienic use of toilet facilities
  - d. To promote bathroom singing

Ans: c. To ensure respectful and hygienic use of toilet facilities

- 43.Bathroom etiquette helps to create what kind of environment?
  - a. Competitive
  - b. Pleasant and respectful
  - c. Noisy and fun
  - d. Private

Ans: b. Pleasant and respectful

- 44. Before sending an email, you should \_\_\_\_\_
  - a. only check the subject line
  - b. immediately press send
  - c. proofread the email
  - d. forward it to everyone

Ans: c. proofread the email

- 45. Which of the following shows good email etiquette?
  - a. Responding after a week
  - b. Using all capital letters
  - c. Responding in a timely manner
  - d. Ignoring CC recipients

Ans: c.Responding in a timely manner

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- 46. What is the purpose of using "Kindly" and "Thank you" in emails?
  - a. To make the email longer
  - b. To sound more polite and professional
  - c. To confuse the reader
  - d. To avoid a formal tone

Ans: b. To sound more polite and professional

- 47. Why is it important to use a clear, professional subject line?
  - a. It helps the recipient quickly understand the email's content.
  - b. It is only necessary for formal emails.
  - c. It prevents the email from going to spam.
  - d. It is not as important as the email body.

Ans: a. It helps the recipient quickly understand the email's content.

- 48. Why should you proofread every email you send?
  - a. To ensure clarity and accuracy.
  - b. It is primarily for stylistic improvements.
  - c. It helps in compressing the email size.
  - d. It is only required for long emails.

Ans: a. To ensure clarity and accuracy.

- 49. Why should we learn body language etiquette?
  - a. To impress others
  - b. To avoid making others uncomfortable
  - c. To talk without speaking
  - d. To make funny gestures

Ans: b. To avoid making others uncomfortable
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