



Subject	Conversational English V1 - It's not Rocket Science	Year	UG (All Years) & PG
Topic	Health Vocabulary	Last updated on	22 August 2025

Multiple-choice questions (MCQs) on Health Vocabulary.

1. A sudden burst of air from the nose and mouth is _____

- a. Cough
- b. Sneezing
- c. Dizziness
- d. Pain

Ans: b. Sneezing

2. Which term is commonly used to describe a continuous, dull, discomfort in a specific part of the body?

- a. Ache
- b. Nausea
- c. Sneeze
- d. Rash

Ans: a. Ache

3. _____ is an uncomfortable feeling in the stomach and a tendency to vomit.

- a. Dizziness
- b. Nausea
- c. Shivering
- d. Bruise

Ans: b. Nausea



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4. _____ is the condition where the throat feels scratchy with difficulty in swallowing.

- a. Sneeze
- b. Scar
- c. Sore throat
- d. Splinter

Ans: c. Sore throat

5. What is the term for the rapid body shaking caused by exposure to cold or fever?

- a. Rash
- b. Shiver
- c. Sprain
- d. Fracture

Ans: b. Shiver

6. _____ is the skin injury caused by rubbing against a rough surface.

- a. Graze
- b. Blister
- c. Bruise
- d. Scar

Ans: a. Graze

7. _____ is a red spot often caused by an allergic reaction.

- a. Rash
- b. Swelling
- c. Splinter
- d. Ache

Ans: a. Rash



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8. What is the term for a break or crack in a bone?

- a. Fracture
- b. Sneezing
- c. Shivering
- d. Dizziness

Ans: a. Fracture

9. Which of the following is a small, painful area of skin that looks like a bubble and contains clear liquid?

- a. Blister
- b. Scar
- c. Nausea
- d. Ache

Ans: a. Blister

10. A dark and painful area on your skin that is caused by an injury is _____.

- a. Bruise
- b. Blister
- c. Splinter
- d. Graze

Ans: a. Bruise



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11. _____ is caused by the twisting of joints, leading to pain, swelling, and difficulty in movement.

- a. Sprain
- b. Blister
- c. Graze
- d. Rash

Ans: a. Sprain

12. _____ is a sensation of unsteadiness, or a feeling that you are going to fall.

- a. Dizzy
- b. Faint
- c. Nausea
- d. Shiver

Ans: a. Dizzy

13. _____ is a mark remaining on the skin after injured tissue has healed.

- a. Scar
- b. Splinter
- c. Sprain
- d. Rash

Ans: a. Scar

14. Which of the following is a common characteristic of pain?

- a. A calming sensation
- b. A joyous experience
- c. An unpleasant feeling
- d. A neutral emotion

Ans: c. An unpleasant feeling



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15. An action of forcing air through your throat with a short or loud noise is _____.

- a. Cough
- b. Sneez
- c. Hiccup
- d. Snore

Ans: a. Cough

16. _____ is a common illness of the nose and throat.

- a. Cold
- b. Dizzy
- c. Faint
- d. Sprain

Ans: a. Cold

17. To suddenly become unconscious for a short time is known as_____.

- a. Coma
- b. Sneeze
- c. Faint
- d. Dizzy

Ans: c. Faint

18. Which of the following is true about a cramp?

- a. It is a bone problem
- b. It is a skin infection
- c. It causes muscles to hurt and become tight
- d. It gives you a headache

Ans: c. It causes muscles to hurt and become tight



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19. Where do cramps usually happen?

- a. In your hair
- b. In your muscles
- c. In your teeth
- d. In your eyes

Ans: b. In your muscles

20. Whiplash usually happens after ____.

- a. eating spicy food
- b. reading in dim light
- c. a sudden car accident
- d. sleeping too much

Ans: c. a sudden car accident

21. Which part of the body is most affected by whiplash?

- a. Legs
- b. Neck
- c. Fingers
- d. Stomach

Ans: b. Neck

23. Whiplash can make it hard to ____.

- a. walk fast
- b. move your neck
- c. see clearly
- d. hear sounds

Ans: b. move your neck



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24. To help whiplash heal, you should ____.

- a. rest and use a neck support
- b. eat spicy food
- c. exercise hard
- d. take cold showers

Ans: a. rest and use a neck support

25. Bloating can happen when you ____.

- a. eat too fast
- b. sleep early
- c. drink juice
- d. wear tight clothes

Ans: a. eat too fast

26. Which of the following best describes the meaning of "bite"?

- a. You fall down
- b. An animal or insect uses its teeth on your skin
- c. You get sunburn
- d. You eat too much food

Ans: b. An animal or insect uses its teeth on your skin



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28. After an injury, your ankle looks bigger and puffier than usual. What is this condition called?

- a. Bleeding
- b. Swelling
- c. Fracture
- d. Burn

Ans: b. Swelling

29. How does pain usually appear?

- a. Silently
- b. Easy to ignore
- c. difficult to ignore
- d. pleasant

Ans: c. difficult to ignore

30. A small, sharp piece of wood gets stuck in the skin is called a _____.

- a. blister
- b. rash
- c. splinter
- d. scratch

Ans: c. splinter

31. Which action involves breathing noisily during sleep?

- a. Yawn
- b. Snore
- c. Cough
- d. Sneeze

Ans: b. Snore



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32.What does "yawn" mean?

- a. To breathe noisily during sleep
- b. To cough suddenly
- c. To open your mouth wide and inhale due to tiredness or boredom
- d. To sneeze because of dust

Ans: c. To open your mouth wide and inhale due to tiredness or boredom

33.Which of the following happens when you are sleepy or bored?

- a. Snore
- b. Yawn
- c. Sneeze
- d. Hiccup

Ans: b.Yawn

34. What is a hiccup?

- a. A type of cough
- b. A sudden, involuntary diaphragm spasm
- c. A type of sneeze
- d. A stomach ache

Ans: b. A sudden, involuntary diaphragm spasm



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35. Bloating can happen when you _____

- a. Eat too much or too fast
- b. Exercise hard
- c. Sleep too little
- d. Get a neck injury

Ans: a. Eat too much or too fast

36. What is whiplash?

- a. A stomach problem
- b. A neck injury
- c. A muscle cramp
- d. A skin rash

Ans: b. A neck injury

37. A sudden tightening of a muscle is called _____.

- a. A cramp
- b. A stretch
- c. A bruise
- d. A cut

Ans: a. A cramp