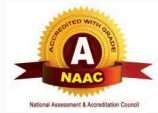




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Name of the Bundle	Intermediate Bundle V1	Subject	Soft Skills
Topic	Team Building	Last updated on	17 August 2024

Multiple Choice Questions (MCQ) on Team Building:

1. What is the primary goal of team building?

- a. Increasing individual salaries
- b. Strengthening bonds between team members
- c. Reducing the number of meetings
- d. Expanding the company's market reach

Ans: b. Strengthening bonds between team members

2. Which of the following is a common team-building activity?

- a. Individual performance reviews
- b. Group problem-solving exercises
- c. Solo training sessions
- d. Competitive sales contests

Ans: b. Group problem-solving exercises

3. Why is team building important for achieving group goals?

- a. It reduces the need for leadership
- b. It helps team members work together more efficiently
- c. It increases individual workloads
- d. It minimizes the use of resources

Ans: b. It helps team members work together more efficiently

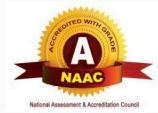
4. A team shares the _____.

- a. leadership
- b. religion
- c. stock
- d. secrets

Ans: a. leadership



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5. An effective team is created by_____.

- a. an individual efforts of team members
- b. high competition among team members
- c. lack of communication
- d. an isolation of team members

Ans: a. an individual efforts of team members

6.What is the role of management in team effectiveness?

- a. Ensure employees are isolated
- b. Ensure employees are happy and give their best
- c. Reduce team collaboration
- d. Minimize employee interaction

Ans: b. Ensure employees are happy and give their best

7.Which of the following contributes to an effective team environment?

- a. Ignoring employee well-being
- b. Fostering employee satisfaction
- c. Discouraging communication
- d. Increasing individual competition

Ans: b. Fostering employee satisfaction

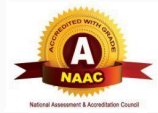
8.The main purpose of team building is to _____.

- a. reduce responsibilities
- b. achieve group goals
- c. increase work pressure
- d. limit team activities

Ans: b. achieve group goals



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9. What should a team leader do to make sure that each member's skills are utilized?

- Assign tasks randomly
- Identify each member's strengths and align tasks accordingly
- Give everyone the same task
- Ignore skill sets and focus on deadlines

Ans: b. Identify each member's strengths and align tasks accordingly

10. How can team members influence each other?

- By sharing knowledge
- By competing against each other
- By avoiding collaboration
- By ignoring group goals

Ans: a. By sharing knowledge.

11. Why is it important to recognize team members' efforts openly?

- To create a competitive environment
- To boost morale and motivation
- To avoid personal conflicts
- To allocate more work

Ans: b. To boost morale and motivation

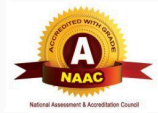
12. What is the benefit of having clear goals in a team?

- Decreased motivation
- Increased confusion
- Enhanced collaboration
- Reduced productivity

Ans: c. Enhanced collaboration



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13. What is a key benefit of clearly defined roles in a team?

- a. No common goal
- b. Enhanced productivity and efficiency
- c. More frequent conflicts
- d. Decreased accountability

Ans: b. Enhanced productivity and efficiency

14. What is a common tool used to understand personality types in team building?

- a. Job interviews
- b. Personality assessments
- c. Observation
- d. Team-building games

Ans: b. Personality assessments

15. Which is not a technique in team building?

- a. Problem solving based
- b. Skill based
- c. Activity based
- d. Favouritism based

Ans: d. Favouritism based

16. What is the benefit of team-building activities that involve problem-solving tasks?

- a. It reduces team interaction.
- b. It enhances critical thinking and teamwork skills.
- c. It limits team engagement.
- d. It focuses only on individual achievements.

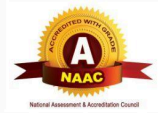
Ans: b. They enhance critical thinking and teamwork skills.

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17. What is an important aspect to consider when choosing activity-based team-building exercises?

- The number of team members
- The relevance to team goals and interests
- The level of individual performance
- The cost of the activities

Answer: b. The relevance to team goals and interests

18. What is the primary focus of skill-based team-building techniques?

- Improving individual performance only
- Developing specific skills relevant to team tasks
- Increasing competition among team members
- Assigning tasks randomly

Ans: b. Developing specific skills relevant to team tasks

19. What is the primary goal of problem-solving-based team-building techniques?

- To increase competition among team members
- To develop collaborative solutions to challenges
- To focus on individual tasks
- To avoid team conflicts

Ans: b. To develop collaborative solutions to challenges

20. Which activity is an example of a problem-solving-based team-building exercise?

- Personality assessments
- Group brainstorming sessions
- Hide & seek
- Casual team lunches

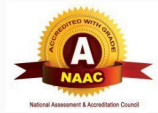
Ans: b. Group brainstorming sessions

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21. Why is it important to involve all team members based on their skill sets?

- To ensure everyone gets equal work
- To leverage each member's strengths for better team performance
- To avoid favoritism
- To keep everyone busy

Ans: b. To leverage each member's strengths for better team performance.

22. Why is role clarity important in team building?

- To create more complex team structures
- To understand the responsibilities
- To reduce the need for team communication.
- To handle all tasks at once

Ans: b. To understand the responsibilities

23. What is the first and foremost teamwork skill?

- Technical skill
- Customer service skill
- Communication skill
- Writing skill

Ans: c. Communication skill

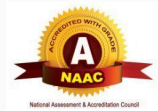
24. What is the role of active participation in team meetings?

- Remaining silent and passive during discussions.
- Contributing ideas, opinions, and constructive feedback.
- Disrupting the meeting and diverting attention from the agenda.
- Lacking awareness.

Ans: b. Contributing ideas, opinions, and constructive feedback.



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25. How can sharing ideas impact a team?

- It creates conflict among members
- It improves team problem-solving
- It reduces team morale
- It limits collaboration

Ans: b. It improves team problem-solving

26. What is the benefit of welcoming honest criticism in a team?

- It promotes growth and improvement.
- It creates tension among members.
- It discourages participation.
- It limits feedback.

Ans: a. It promotes growth and improvement.

27. How should teams handle honest criticism?

- By dismissing it as irrelevant.
- By accepting it constructively.
- By avoiding discussions about it.
- By assigning blame.

Ans: b. By accepting it constructively.

28. What happens when tasks are not clearly defined in a team?

- It enhances team productivity
- It leads to misunderstandings and inefficiency
- It improves team cohesion
- It simplifies project management

Ans: b. It leads to misunderstandings and inefficiency

29. How many elements of team building?

- 2
- 6
- 4
- 5

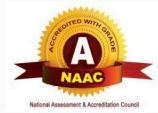
Ans: b. 6

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30. Which one of the following elements is not in team building?

- a. Motivation
- b. Job satisfaction
- c. Empowerment
- d. Discouragement

Ans: d. Discouragement

31. Which of the following is a key component of influencing team members effectively?

- a. Showing courageous
- b. Showing empathy
- c. Ignoring their work
- d. Ignoring their feedback

Ans: b. Showing empathy

32. How does respect among team members impact their collaboration?

- a. It leads to ineffective communication
- b. It helps create a more collaborative environment
- c. It encourages conflicts
- d. It diminishes teamwork

Ans: b. It helps create a more collaborative environment