

Name of the Bundle	Intermediate Bundle V1	Subject	Soft Skills
Торіс	Improving Perception	Last updated on	10 August 2024

# Multiple Choice Questions (MCQ) on Improving perception:

1. The process by which people organize, interpret, and experience ideas is

\_\_\_. a. Per

- a. Perception b. communication
- c. Flexibility
- d. Time management

# Ans: a. Perception

- 2. Which of the following does NOT form a part of perception?
  - a. Organizing
  - b. Experiencing
  - c. Judging
  - d. interpreting

# Ans: c. Judging

- 3. Perceptions may vary from \_\_\_\_\_.
  - a. animal to person
  - b. person to person
  - c. person to robot
  - d. person to god

# Ans: b. person to person

- 4. What do different people do about the same situation?
  - a. Perceive the same thing
  - b. Perceive different things
  - c. Ignore the situation
  - d. Experience the same reaction

# Ans: b. Perceive different things



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- 5. What might one do if they do not change their perspective?
  - a. Make things mean something else
  - b. Accept things as they are
  - c. Disregard the situation
  - d. Seek validation from others

# Ans: a. Make things mean something else

- 6. Which activity is a part of the perception process?
  - a. Forgetting
  - b. Organizing
  - c. Disregarding
  - d. Avoiding

# Ans: b. Organizing

- 7. Which of the following is an internal factor that influences perception?
  - a. Culture
  - b. Desires
  - c. Social status
  - d. Environment

# Ans: b. Desires

- 8. Which internal factor relates to the inherent characteristics and behaviors of a person?
  - a. Needs
  - b. Personality
  - c. Experiences
  - d. Media influence

# Ans: b. Personality



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- 9. Which internal factor is based on past events that a person has gone through?
  - a. Personality
  - b. Desires
  - c. Needs
  - d. Experiences

# Ans: d. Experiences

10. Which of the following is NOT an internal factor that influences perception?

- a. Needs
- b. Desires
- c. Social influence
- d. Personality

# Ans: c. Social influence

- 11. Which internal factor is most likely to drive a person's action to fulfill something essential for their well-being?
  - a. Desires
  - b. Personality
  - c. Needs
  - d. Experiences

# Ans: c. Needs

- 12. Which factor is NOT considered an internal factor influencing perception?
  - a. Experiences
  - b. Environment
  - c. Needs
  - d. Personality

# Ans: b. Environment



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# 13. Which of the following is an external factor that influences perception?

- a. Needs
- b. Status
- c. Personality
- d. Experiences

# Ans: b. Status

14. Which one is NOT an external factor that influences perception?

- a. Size
- b. Status
- c. Intensity
- d. Personality

# Ans: d. Personality

15. What is an important first step in improving your perception of a situation?

- a. Jumping to conclusions
- b. Gathering all relevant information
- c. Trusting your first impression
- d. Ignoring context

# Ans: b. Gathering all relevant information

16. Which of the following describes the impact of knowledge on perception?

- a. It has no effect on perception.
- b. It can constantly influence and improve perception.
- c. It always confuses perception.
- d. It makes perception more random.

# Ans: b. It can constantly influence and improve perception.

# 17. Positive experiences are likely to \_\_\_\_\_.

- a. decrease one's self-confidence
- b. improve perception
- c. has no effect on perception
- d. confuses one's understanding of a situation

# Ans: b. improve perception

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- 18. To improve perception, one should \_\_\_\_
  - a. focus solely on negative experiences
  - b. ignore the influence of knowledge
  - c. continuously seek knowledge
  - d. rely only on past experiences

#### Ans: c. continuously seek knowledge

- 19. The effect of failure on perception is often to \_\_\_\_\_.
  - a. boosts confidence
  - b. has no impact on confidence
  - c. decreases self-confidence
  - d. improves perception by providing clear feedback

#### Ans: c. decreases self-confidence

20. How does the size of an object affect its perception?

- a. Smaller objects are generally more noticeable.
- b. Larger objects are often more noticeable.
- c. The size of an object has no impact on perception.
- d. Size only affects the color of the object.

#### Ans: b. Larger objects are often more noticeable.

- 21. A high-status person or thing is typically perceived as \_\_\_\_\_.
  - a. less important
  - b. more valuable
  - c. unnoticeable
  - d. irrelevant

#### Ans: b. more valuable

#### 22. What happens to lower intensity stimuli?

- a. They are more likely to be noticed immediately.
- b. They become memorable.
- c. They are less likely to capture attention.
- d. They are perceived more vividly.

#### Ans: c. They are less likely to capture attention



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23. In terms of perception, how do people generally react to moving stimuli?

- a. They react less to moving stimuli.
- b. They ignore moving stimuli.
- c. They pay more attention to moving stimuli.
- d. They react the same way to both moving and stationary stimuli.

# Ans: c. They pay more attention to moving stimuli.

24. Which type of object is generally more likely to grab attention?

- a. Stationary objects
- b. Moving objects
- c. Both stationary and moving objects equally
- d. Rest position

# Ans: b. Moving objects

# 25. Perception comes across \_\_\_\_\_

- a. only physical objects
- b. objects, events, people, and information
- c. only visual stimuli
- d. only auditory stimuli

# Ans: b. objects, events, people, and information

- 26. Which of the following is NOT a source of input for perception?
  - a. Internal sources
  - b. External sources
  - c. Random guesses
  - d. Sensory stimuli

# Ans: c. Random guesses

# 27. What is the term used to describe the ultimate behavior of an action?

- a. Input
- b. Process
- c. Output
- d. Feedback

# Ans: c. Output

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# 28. Which of the following is a tip to improve perception?

- a. Avoiding communication
- b. Being empathetic
- c. Ignoring feedback
- d. Focusing on negative aspects

# Ans: b. Being empathetic

- 29. Which of the following is a common technique for improving perception in communication?
  - a. Ignoring non-verbal cues
  - b. Active listening
  - c. Relying on stereotypes
  - d. Making assumptions

# Ans: b. Active listening

- 30. Which practice helps in achieving clearer communication and better perception?
  - a. Closed communication
  - b. Open communication
  - c. Ignoring others' perspectives
  - d. Minimizing self-awareness

# Ans: b. Open communication

- 31. Which term refers to the process of interpreting sensory information to make sense of the world?
  - a. Sensation
  - b. Perception
  - c. Attention
  - d. Reaction

Ans: b. Perception



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32. Which statement is true about how frequency affects perception?

- a. Repeated stimuli catch less attention.
- b. Frequency has no effect.
- c. Repeated stimuli are easier to notice.
- d. Frequency only affects physical traits.

Ans: c. Repeated stimuli are easier to notice.